

CONFERENCE MENU

2015

FINGER FOOD MENU - OPTION ONE

\$27.50 PP

Morning Tea

Handmade Gourmet Sausage Rolls, Tomato Sauce

Scones with Jam and Fresh Cream (V)

Lunch

Small mixed Rolls, Variety of fillings including vegetarian

Chicken and Rocket Club Sandwiches

Filo – Spinach, Eggplant, Cumin, Currants (V)

Empanadas - Beef, Chipotle, Chocolate, Coriander, Corn

Chicken Satay Skewer, Peanut Satay Sauce (GF)

Maki Sushi, Ginger, Wasabi, Soy Sauce

Assorted Sweet Slice

Afternoon Tea

Chocolate Brownie

FINGER FOOD MENU - OPTION TWO

\$27.50 PP

Morning Tea

Handmade Gourmet Sausage Rolls, Tomato Sauce

Mini Muffins – Sweet and Savoury (V)

Lunch

Wraps – selection of the following

Tikka Chicken, Raita, Banana, Coconut, Spinach

Tamarind Beef, crisp Shallot, Sprouts, Chili, Lime

Moroccan Lamb, Goats Cheese, Harissa Style Dressing

Tomato, Cucumber, Red Onion, Olives, Feta, Hummus (V)

Chicken and Rocket Club Sandwiches

Frittata – Seasonal Vegetables, Feta (V)(GF)

Croquettes – Salt Cod, Rouille Dipping Sauce

Chicken Satay Skewer, Peanut Satay Sauce (GF)

Maki Sushi, Ginger, Wasabi, Soy Sauce

Assorted Sweet Slice

Afternoon Tea

Homemade Cookies



CONFERENCE MENU

2015

FINGER FOOD MENU - OPTION THREE

\$27.50 PP

Morning Tea

Mini Muffins – Sweet and Savoury (V)

Individual Bacon and Egg Slice

Lunch

Whole Grain Sandwiches

Roast Beef, Horseradish, Cheese, Tomato

Ham off the Bone, Rocket, Tomato, Swiss Cheese, Wholegrain Mustard

Smoked Chicken, Avocado, Camembert, Hollandaise

Avocado, Basil Pesto, Feta, Tomato, Rocket (V)

Baby Bagels

Salmon Gravalax, Baby Watercress, Cucumber, Lemon Ricotta

Chicken Pesto, Tomato, Lollo Bionda Lettuce

Filo - Beef, Shitake Mushroom, baby Leek

Empanada - Pumpkin, Fennel Seeds, Sage, Spinach, Pecorino

Frittata - Seasonal Vegetables, Feta (V)(GF)

Maki Sushi, Ginger, Wasabi, Soy Sauce

Assorted Sweet Slice

Afternoon Tea

Homemade Cookies

HEALTHY OPTION MENU

\$28.00 PP

Morning Tea

Muffin - Bran, Apple, Carrot and Raisin (V)

Lunch

Salad individual serves

Chefs daily choice - Vegetarian available

Frittata - Seasonal Vegetables, Feta (V)(GF)

Filo - Spinach, Eggplant, Cumin, Currants (V)

Maki Sushi, Ginger, Wasabi, Soy Sauce

Fresh Fruit Platter

Afternoon Tea

Energy Slice



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OPTIONAL EXTRAS

Fresh Fruit Kebabs	\$ 3.95 PP
Fresh Fruit Platters	\$ 3.95 PP
Fresh Fruit Whole	\$ 2.00 PP
Cheeses – Selection of Three Cheeses	\$ 8.00 PP

BEVERAGES

Orange Juice 250ml	\$ 3.50 PP
Fruit Smoothie 250ml	\$ 3.50 PP
Bottled Water 375ml	\$ 3.50 PP
Bay Harvest Orange Juice 3 litre	\$12.00 PP
Simply Squeezed Fresh Orange Juice 2 litre	\$ 7.00 PP

Please note all prices are exclusive of GST

URBANGOURMET



CULINARY INSPIRATIONS & EVENTS

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