

CONFERENCE MENU

FINGER FOOD MENU - OPTION ONE

\$29.00 PP

Morning Tea

Handmade Gourmet Sausage Rolls - tomato sauce

Scones – jam, fresh cream (v)

Lunch

Small mixed Rolls, Wildwheat - variety of fillings including vegetarian

Vegetable Savoury Tart (v)

Empanadas –

- tomato concasse, basil, mozzarella (v)
- chilli, beef, corn, egg

Vietnamese Green Curry Chicken Skewer - coconut sauce (df, gf)

Maki Sushi - ginger, wasabi, soya cauce (df, gf)

Sweet Slice - assorted

Afternoon Tea

Chocolate Brownie

FINGER FOOD MENU - OPTION TWO

\$29.00 PP

Morning Tea

Bacon, Egg Slice

Mini Muffins – sweet, savoury (v)

Lunch

Wraps - Selection of the following:

- tikka chicken, raita, banana, coconut, spinach
- tamarind beef, crisp shallot, sprouts, chilli, lime
- avocado, basil pesto, feta, tomato, rocket (v)
- ham from the bone, tomato, rocket, swiss cheese, wholegrain mustard

Quiche Lorraine

Frittata – seasonal vegetables, feta (gf, v)

Master Stock Chicken - chilli caramel wrapped in rice paper (gf)

Maki Sushi - ginger, wasabi, soya sauce (df, gf)

Sweet Slice - assorted

Afternoon Tea

Homemade Cookies



CONFERENCE MENU

FINGER FOOD MENU - OPTION THREE

\$29.00 PP

Morning Tea

Muffins – bran, apple, carrot, raisin (v)

Lunch

Small Baguettes

- tuna, hummus, dijon, celery, gherkin, radish salad
- banh mi – pulled pork, pickled cucumber, japanese mayonnaise
- avocado, basil, pesto, feta, tomato, rocket (v)

Pies

- steak, ale
- chicken, white wine, leek

Frittata - seasonal vegetables, feta (gf, v)

Vietnamese Green Curry Chicken Skewer - coconut sauce (df, gf)

Maki Sushi - ginger, wasabi, soya sauce (df, gf)

Sweet Slice - assorted

Afternoon Tea

Energy Slice (df, gf)

VEGETARIAN AND GLUTEN FREE MENU

\$38.00 PP

Morning Tea

Fresh Fruit Kebab (df, gf, v)

Selection of Protein and Energy Balls (2)

Lunch

Japanese Coleslaw

Miso Soup – arame waikame, spring onion

Hot meal to come

Vegetarian Maki Sushi - ginger, wasabi, soya sauce (df, gf, v)

Afternoon Tea

Banana, Fig Log





CONFERENCE MENU

OPTIONAL EXTRAS

Chocolate Cake, Chocolate Ganache Icing (gf)	\$ 3.75 pp
Energy Slice (gf)	\$ 3.00 pp
Fresh Fruit Kebabs	\$ 4.25 pp
Fresh Fruit Platters	\$ 4.25 pp
Raw Cacao Balls (minimum of 10 people)	\$ 2.00 pp
- Date Chia, Maca (df, gf, vegan)	
- Coconut, Spirulina (df, gf, vegan)	
Selection of Three Cheeses, Crackers, Quince Paste	\$ 9.00 pp

Please note all prices are exclusive of GST



CULINARY INSPIRATIONS & EVENTS

T: 09 366 3086 F: 09 366 3087 E: INFO@URBANGOURMET.CO.NZ WWW.URBANGOURMET.CO.NZ