

# DELIVERY MENU

2015

## MORNING TEA AND AFTERNOON TEA

### SWEET

Sweet Slice – a selection of Chef's delicious treats  
 Chocolate Brownie (gf)  
 Ginger Crunch - o/d ginger, pistachios  
 Assorted Homemade Cookies  
 Yo Yo's - passion fruit filling  
 Muffins Sweet - chefs daily choice  
 Scones - jam, cream  
 Danishes – assorted fruit

Small	Large
	\$2.50
	\$2.50
	\$2.50
	\$2.00
	\$2.00
\$2.25	\$3.50
\$2.95	\$3.50
	\$2.25

### Individual Cakes

Friends - chefs daily flavour  
 Chocolate Cake - chocolate ganache icing (gf)  
 Orange & Almond Cake (df, gf)  
 Carrot Cake - , cream cheese icing (gf)  
 Petite Lemon Cupcakes – lemon curd, vanilla bean mascarpone

\$3.50
\$3.75
\$3.75
\$3.75
\$3.75

### SAVOURY

Muffins Savoury  
 Cheese Scones - butter

\$2.25	\$3.50
\$2.75	\$3.25

### Hot

Handmade Sausage Rolls
 

- chicken, tarragon, tomato relish
- beef & pork, tomato sauce

Frittata – seasonal vegetables, feta (gf, v)  
 Bacon & Egg Slice

\$3.00
\$2.50
\$3.95
\$3.75

### Tarts – Individual

Savoury Tart – fresh seasonal vegetables (v)  
 Quiche Lorraine - classic style  
 French Tart Fine - caramelised onion, spinach, tomato, bocconcini (v)

\$3.50
\$3.50
\$4.00

### HEALTHY CHOICE OPTIONS

Muffin - apple, carrot, raisin  
 Energy Slice (df, gf, vegan)  
 Quinoa Bites - granola, seeds, honey (df, gf, vegan) (minimum of 10)  
 Bliss Balls (minimum of 10)
 

- date, chia, walnut (df, gf, vegan)
- lemon zest, coconut, almond (df, gf, vegan)

\$3.75
\$3.00
\$2.50
\$2.00

### CHEESE AND FRUIT

Fresh Fruit Kebab  
 Fresh Fruit Platter  
 Fresh Fruit & Yoghurt - served in a noodle box  
 3 New Zealand Cheeses - crackers, quince paste  
 3 New Zealand Cheeses - apricots, nuts, crackers

Small	Large
\$2.50	\$4.25
	\$4.25
	\$8.50
	\$9.00
	\$11.50

Delivery fee CBD \$25.00 + gst and Minimum order \$200

Orders by 2.00pm day prior

Please note all prices are exclusive of gst



## LUNCH

### SANDWICHES

Club Sandwiches – variety of fillings (multiples of 4)	\$2.50
Small Mixed Rolls – variety of fillings	\$4.75

### Selection of Breads

French Baguettes (small) multiples of 8	\$4.00
French Baguettes (large) multiples of 4	\$7.00
Wraps multiples of 2	\$6.00
Italian Sourdough Sandwiches	\$7.50
Whole Grain Sandwiches	\$7.50

### Selection of fillings – maximum 3 choices

avocado, basil pesto, feta, tomato, rocket (v)  
 roast pumpkin, eggplant, tomato chutney, fontina, basil (v)  
 house smoked chicken, brie, cranberry  
 chicken caesar, parmesan, cos lettuce, caesar dressing  
 ham, chopped egg mayonnaise  
 ham from the bone, rocket, tomato, wholegrain mustard  
 roast beef, tomato, horseradish, baby spinach  
 meatloaf, emmental, piccalilli, curry salt  
 cold smoked salmon, wasabi mayonnaise, burst capers  
 tikka chicken, raita, banana, coconut, spinach  
 banh mi (vietnamese roll), pulled pork, pickled cucumber, japanese mayonnaise, coriander  
 tamarind beef, crisp shallot, sprouts, chilli, lime  
 tuna, hummus, dijon, celery, gherkin, radish salad

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## SALADS - INDIVIDUAL SERVES

Minimum of 10 of any one item

<b>Quinoa &amp; Beetroot</b> walnuts, baby spinach, feta, tomatoes, sherry vinegar caramel (gf, v)	\$6.50
<b>Classic Caesar Salad</b> cos, bacon, egg, croutons, classic anchovy dressing	\$6.50
<b>Curried Cauliflower &amp; Edamame</b> dried apricots, sunflower seeds, currants, toasted coconut (gf, v)	\$6.50
<b>Sweet Broccoli</b> toasted sesame seeds, fresh coriander, peas, pumpkin, kecap manis dressing (gf, v)	\$6.50
<b>Cauliflower &amp; Kale</b> pumpkin seeds, sunflower seeds, mint leaves, currants, raspberry vinegar dressing (gf, v)	\$6.50
<b>Small Side Salad</b> torn mixed leaves, fresh herbs, raspberry vinaigrette (df, gf, v)	\$3.50

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## SAVOURY ITEMS

### COLD

#### Rice Paper Wraps

- masterstock chicken, cos, chili caramel, mango (df, gf) \$4.75
- julienne of asian vegetables, shiitake chili caramel, mango (df, gf, v) \$4.75

Larb Wrap - minced beef, coriander, chili, vegetables, nam jim (df, gf) \$4.95

Quinoa & Cauliflower Cakes - feta, oats, coconut oil (gf,v) \$4.30

Maki Sushi - ginger, wasabi, soya (df) \$2.00

### HOT

#### Quesadilla

- mexican style beef \$3.00
- mexican bean (v)

Sweet Corn Cake Slices - chipotle sour cream, avocado salsa (v) \$3.00

Frittata - seasonal vegetables, feta (gf, v) \$3.95

Croquette - lamb neck, minted broad bean dip \$3.50

Salmon & Potato Cake - hot smoked salmon, dill (gf) \$4.30

#### Empanadas

- tomato concasse, basil, mozzarella (v) \$3.95
- chilli beef, corn, egg

#### Tarts - Individual

Vegetable Savoury Tart - seasonal vegetables (v) \$3.50

Quiche Lorraine - classic style \$3.50

French Tart Fine - caramelised onion, spinach, tomato, bocconcini (v) \$4.00

#### Small Pies

- steak, ale \$4.00
- chicken, white wine, leek
- ratatouille, brie, parsley (v)

#### Skewer

Vietnamese Green Curry chicken - coconut sauce (df, gf) 

Small	Large
\$3.50	\$4.25

Middle Eastern Kofta - beef, coriander pesto (df, gf) 

\$3.50	\$4.25
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Roasted Vegetable - pesto sauce (df, gf, v) 

\$3.50	\$4.25
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## VEGAN OPTIONS

### SANDWICHES

#### Gluten Free, Wheat Free & Dairy Free Breads

Wraps - multiples of 2	\$6.60
Farmhouse Loaf	\$8.00
Vogel's Chia & Linseed	\$8.00

avocado, basil pesto, tomato, rocket  
 roast pumpkin, eggplant, tomato chutney, basil  
 hummus, dijon, celery, gherkin, radish salad

### SAVOURY

Aubergine Cannelloni - micro herbs, capsicum, tomato fondue	\$4.00
Stuffed Tomato - wild rice, spring onion, basil pesto	\$3.75
Polenta Fries - urban salsa	\$4.00

### SALADS - INDIVIDUAL SERVES

<b>Quinoa &amp; Beetroot</b>	\$6.50
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walnuts, baby spinach, tomatoes, sherry vinegar caramel

<b>Curried Cauliflower &amp; Edamame</b>	\$6.50
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dried apricots, sunflower seeds, currants, toasted coconut

<b>Sweet Broccoli</b>	\$6.50
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toasted sesame seeds, fresh coriander, peas, pumpkin, kecap manis dressing

<b>Cauliflower &amp; Kale</b>	\$6.50
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pumpkin seeds, sunflower seeds, mint leaves, currants, raspberry vinegar dressing

<b>Small Side Salad</b>	\$3.50
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torn mixed leaves, fresh herbs, raspberry vinaigrette

Raw Carrot Cake, lemon icing	\$4.00
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Energy Slice	\$3.00
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Bliss Balls (minimum of 10)	\$2.00
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- date, chia, walnut
- lemon zest, coconut, almond

	<b>Small</b>	<b>Large</b>
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Fresh Fruit Kebab	\$2.50	\$4.25
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Fresh Fruit Platter		\$4.25
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# DELIVERY MENU

2015

## GLUTEN FREE AND DAIRY FREE OPTIONS

### SANDWICHES

#### Gluten Free, Wheat Free & Dairy Free Breads

French Baguettes (large) multiples of 4	\$7.50
Wraps - multiples of 2	\$6.60
Farmhouse Loaf	\$8.00
Vogel's Chia & Linseed	\$8.00

#### Selection of fillings – maximum 3 choices

avocado, basil pesto, feta, tomato, rocket (gf, v)  
roast pumpkin, eggplant, tomato chutney, basil (df, gf, v)  
house smoked chicken, brie, cranberry (gf)  
chicken caesar, parmesan, cos lettuce, caesar dressing (gf)  
ham, chopped egg mayonnaise (gf)  
ham from the bone, rocket, tomato, wholegrain mustard (df, gf)  
roast beef, tomato, horseradish, baby spinach (df, gf)  
cold smoked salmon, wasabi mayonnaise, burst capers (gf)  
tikka chicken, raita, banana, coconut, spinach (gf)  
banh mi (vietnamese roll), pulled pork, pickled cucumber, japanese mayonnaise, coriander (gf)  
tamarind beef, crisp shallot, sprouts, chilli, lime (df, gf)  
tuna, hummus, dijon, celery, gherkin, radish salad (df, gf)

### SALADS

#### Quinoa & Beetroot

walnuts, baby spinach, feta, tomatoes, sherry vinegar caramel (gf, v) \$6.50

#### Curried Cauliflower & Edamame

dried apricots, sunflower seeds, currants, toasted coconut (gf, v) \$6.50

#### Sweet Broccoli

toasted sesame seeds, fresh coriander, peas, pumpkin, kecap manis dressing (gf, v) \$6.50

#### Cauliflower & Kale

pumpkin seeds, sunflower seeds, mint leaves, currants, raspberry vinegar dressing (gf, v) \$6.50

#### Small Side Salad

torn mixed leaves, fresh herbs, raspberry vinaigrette (df, gf, v) \$3.50

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## GLUTEN FREE AND DAIRY FREE OPTIONS

### SAVOURY

#### COLD

Muffins Savoury - chefs daily choice (df, gf, v) \$2.25 \$3.50

#### Rice Paper Wraps

- masterstock chicken, cos, chili caramel, mango (df, gf) \$4.75
- julienne of asian vegetables, shiitake chili caramel, mango (df, gf, v) \$4.75

Larb Wrap - minced beef, coriander, chili, vegetables, nam jim (df, gf) \$4.95

Quinoa & Cauliflower Cakes - feta, oats, coconut oil (gf, v) \$4.30

Maki Sushi - ginger, wasabi (df, gf) \$2.00

#### HOT

Frittata - seasonal vegetables, feta (gf, v) (df available) \$3.95

Salmon & Potato Cake - hot smoked salmon, dill (gf) \$4.30

#### Tarts - Individual

Vegetable Savoury Tart - seasonal vegetables (gf, v) \$3.50

Quiche Lorraine - classic style (gf) \$3.50

French Tart Fine - caramelised onion, spinach, tomato (df, v) \$4.00

#### Skewer

	<b>Small</b>	<b>Large</b>
Vietnamese Green Curry Chicken - coconut sauce (df, gf)	\$3.50	\$4.25
Middle Eastern Kofta - beef, coriander pesto (df, gf)	\$3.50	\$4.25
Roasted Vegetable - pesto sauce (df, gf, v)	\$3.50	\$4.25

#### SWEET

	<b>Small</b>	<b>Large</b>
Chocolate Brownie (gf)		\$2.50
Assorted Homemade Cookies (gf)		\$2.00
Muffins Sweet - chefs daily choice (gf or df, gf)	\$2.25	\$3.50

Energy Slice (df, gf, vegan) \$3.00

Quinoa Bites - granola, seeds, honey (df, gf) (minimum of 10) \$2.50

Bliss Balls (minimum of 10) \$2.00

- date, chia, walnut (df, gf, vegan)
- lemon zest, coconut, almond (df, gf, vegan)

#### Individual Cakes

Chocolate Cake - chocolate ganache icing (gf) \$3.75

Orange & Almond Cake (df, gf) \$3.75

Carrot Cake - (df, gf) \$3.75

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# DELIVERY MENU

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### Fruit

- Fresh Fruit Kebab (df, gf, vegan)
- Fresh Fruit Platter (df, gf, vegan)
- Fresh Fruit & Yoghurt (gf)

Small	Large
\$2.50	\$4.25
	\$4.25
	\$8.50

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CULINARY INSPIRATIONS & EVENTS

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