



DELIVERY MENU 2017

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SWEET

| | | |
|----------------------|--|----------------------------|
| Sweet Slice | - a selection of chef's delicious treats | \$2.50 |
| Brownie | - chocolate fudge (gf) | \$2.50 |
| Ginger Crunch | - ginger, pistachios (ef) | \$2.50 |
| Cookies | - chef's choice of assorted homemade cookies | \$2.00 |
| Yo Yo's | - passion fruit filling | \$2.00 |
| Muffins | - chef's daily choice | \$2.25 small, \$3.50 large |
| Scones | - jam & cream (ef) | \$2.95 small, \$3.50 large |
| Danishes | - assorted fruit | \$2.25 |

INDIVIDUAL CAKES

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|---------------------------------|---------------------------------------|--------|
| Friands | - chef's daily choice (gf) | \$3.50 |
| Chocolate Cake | - chocolate ganache icing (gf) | \$3.95 |
| Orange & Almond Cake | - candied orange (gf) | \$3.95 |
| Carrot Cake | - cream cheese icing (gf) | \$3.95 |
| Petite Lemon Cup Cakes | - lemon curd, vanilla bean mascarpone | \$3.95 |

SAVOURY

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|----------------------|---------------------------|----------------------------|
| Muffins | - chef's daily choice (v) | \$2.25 small, \$3.50 large |
| Cheese Scones | - butter (ef, v) | \$2.75 small, \$3.25 large |

HEALTHY OPTIONS

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|--|--|----------------------------|
| Muffins | - apple, carrot, raisin (v) | \$2.25 small, \$3.50 large |
| Energy Slice | - contains organic oats (ef, df, gf, vegan) | \$3.00 |
| Date & Carrot Slice | - organic oats, cashew frosting (ef, df, gf, vegan) | \$3.50 |
| Quinoa Bites | - granola seeds, contains organic oats (ef, df, gf, vegan) (minimum order of 10) | \$2.50 |
| Bliss Balls (minimum order of 10) | - date, chia, walnut (ef, df, gf, vegan) | \$2.00 |
| | - lemon zest, coconut, almond (ef, df, gf, vegan) | \$2.00 |

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- Delivery fee CBD \$25.00
 - Minimum order \$200.00
 - Orders to be placed by 2:00 pm day prior
 - All prices are exclusive of GST
- (df) dairy free
(ef) egg free
(gf) gluten free
(v) vegetarian

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COLD SAVOURY ITEMS

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|---------------------------------------|--|--------|
| Rice Paper Wraps | - master stock chicken, cos, chilli caramel, mango (df, ef, gf) | \$4.75 |
| | - julienne of Asian vegetables, shitake, chilli caramel, mango (df, rf, gf, vegan) | \$4.75 |
| Larb Wrap | - minced beef, coriander, chilli, vegetables, nam jim (df, ef, gf) | \$4.95 |
| Quinoa & Cauliflower Cakes | - feta, oats, coconut oil (gf, v) | \$2.00 |
| Maki Sushi | - ginger, wasabi, soy (df, ef) | \$2.00 |
| Tarte Fine | - goats cheese, heirloom tomatoes, basil (ef, v) | \$3.50 |

HOT SAVOURY ITEMS

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|---------------------------------|--|----------------------------|
| Frittata | - seasonal vegetables, feta (gf, v) | \$3.95 |
| Croquette | - lamb neck, minted broad bean dip | \$3.50 |
| Salmon & Potato Cake | - hot smoked salmon, dill (gf) | \$4.25 |
| Bacon & Egg Slice | - tomato relish | \$3.75 |
| Quesadilla | - Mexican style beef | \$3.00 |
| | - Mexican bean (v) | \$3.00 |
| Handmade Sausage Rolls | | |
| | - chicken & tarragon, tomato relish | \$3.00 |
| | - beef & pork, tomato sauce | \$2.50 |
| Empanadas | | |
| | - chilli beef, corn, egg | \$3.95 |
| | -tomato concasse, basil, mozzarella (v) | \$3.95 |
| Tarts | | |
| | - vegetarian, chef's daily choice (v) | \$3.50 |
| | - quiche Lorraine | \$3.50 |
| | - hot smoked salmon, cucumber relish | \$4.00 |
| Small Pies | | |
| | - steak, ale | \$4.00 |
| | - chicken, white wine, leek | \$4.00 |
| | - ratatouille, brie, parsley (v) | \$4.00 |
| Skewers | | |
| | - Vietnamese green chicken curry marinade, coconut sauce (df, ef, gf) | \$3.50 small, \$4.25 large |
| | - Middle Eastern kofta of lamb, feta, & currants, coriander pesto (df, gf) | \$3.50 small, \$4.25 large |
| | - roasted vegetables, pesto (df, ef, gf, v) | \$3.50 |

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SMALL SANDWICHES

| | | |
|-------------------|---|--------|
| Club Sandwiches | - a selection of chef's fillings (multiples of 4) | \$2.50 |
| Small Mixed Rolls | - a selection of chef's fillings | \$4.75 |

SELECTION OF BREADS

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|------------------------------|--|--------|
| French Baguettes (small) | - avocado, basil pesto, feta, tomato, rocket (v) | \$4.00 |
| French Baguettes (large) | - roast pumpkin, eggplant, tomato chutney, basil (df, v) | \$7.00 |
| Wraps | - house smoked chicken, brie, cranberry | \$6.00 |
| Italian Sourdough Sandwiches | - chicken Caesar, parmesan, cos, Caesar dressing | \$7.50 |
| Wholegrain Sandwiches | - ham, chopped egg, mayonnaise | \$7.50 |

FILLINGS (available for all bread selections)

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| - ham from the bone, rocket, tomato, wholegrain mustard (df) | |
| - roast beef, tomato, horseradish, baby spinach (df) | |
| - meatloaf, Emmental, piccalilli, curry salt | |
| - cold smoked salmon, wasabi, mayonnaise, burst capers (df) | |
| - tikka chicken, raita, banana, coconut, spinach | |
| - banh mi (Vietnamese roll), pulled pork, pickled cucumber, Japanese mayonnaise, coriander | |
| - tamarind beef, crisp shallot, sprouts, chilli, lime (df, ef) | |
| - tuna, hummus, Dijon, celery, gherkin, radish salad (df, ef) | |

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| Gluten & Wheat Free Sandwiches | - a selection of chef's fillings | \$8.00 |
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SALADS – INDIVIDUAL SERVES MINIMUM ORDER 10 SERVES PER SALAD

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|----------------------------|---|--------|
| Lemongrass Poached Chicken | - cabbage, daikon, cucumber, coriander, peanuts (ef, df, gf) | \$7.95 |
| Greek Style Salad | - tomatoes, cucumber, capsicum, olives, dukkha, dried beans, feta (ef, gf, v) | \$7.95 |
| Summer Ricotta Salad | - garden peas, fennel, lime, ricotta (ef, gf, v) | \$7.95 |
| Urban Gourmet Caesar Salad | - bacon, cos, boiled egg, parmesan, garlic croutes, anchovy dressing | \$7.95 |
| Lam b Kofta | - butternut, quinoa, baby spinach, za'atar, tahini dressing (ef, gf) | \$7.95 |
| Hot Smoked Salmon | - cauliflower, farro, baby kale, preserved lemon dressing (ef, df) | \$7.95 |
| Coconut Poached Chicken | - glass noodles, pickled vegetables, shallots, pickled ginger, miso | \$7.95 |
| Mexican Spiced Chicken | - kidney beans, green beans, corn & chipotle dressing (ef, df, gf) | \$7.95 |
| Thai Marinated Beef | - Asian vegetable slaw, crispy noodles, seaweed dust & sesame (df, ef) | \$7.95 |
| Small Side Salad | - torn mixed leaves, fresh herbs, raspberry vinaigrette (df, gf, v) | \$3.50 |

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CHEESE & FRUIT

| | | |
|----------------------------------|---|---|
| Fresh Fruit Kebab | - a selection of seasonal fruits (df, ef, gf, v) | \$2.50 small, \$4.25 large |
| Fruit & Nuts | - seasonal fresh fruit, dried apricots, nuts (df, ef, gf, v) | \$6.75 per 100gm serve |
| Fresh Fruit Platter | - a selection of seasonal fruits (df, ef, gf, v) | \$30.00small (serves 10) \$60.00 large (serves 20) |
| Fresh Fruit & Yoghurt | - seasonal fresh fruits topped with yoghurt, served in a noodle box | \$8.50 |
| 3 New Zealand Cheeses | - crackers, quince paste | \$9.00 per serve |
| 3 New Zealand Cheeses | - crackers, dried apricots, nuts | \$11.50 per serve |

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