



urban

GOURMET

BREAKFAST MENU



## 2018 BREAKFAST MENU

### SAVOURY

#### Savoury muffin

- Chef's daily creation (v)
- Sweet potato chilli & onion (gf,vg)

**Paleo bacon & egg cup** - tomato chilli jam (gf)

**Buckwheat pancake** - mushroom, avocado, spinach & vegan cheese (gf,vg)

#### Petit croissant

- Champagne ham, Swiss cheese & tomato relish
- Brie, red onion jam & rocket (v)

#### Brioche slider

- Smoked salmon, cream cheese & capers
- Crispy bacon, fried egg & hp mayo (df)

#### Bagel

- Smoked salmon, cream cheese & capers
- Crispy bacon, fried egg & hp mayo (df)
- Gluten free bagel

### SWEET

**Honey roasted quinoa granola** - fruit compote & Greek yoghurt

**Chia seed pudding** - coconut yoghurt, cinnamon, blueberries & almond (gf,vg)

#### Sweet muffin

- Chefs daily creation (v)
- Passionfruit, vanilla & coconut (gf,vg)

**Fruit Danishes assorted** (v)

**Almond croissant** (v)

--

phone: 09 366 3086

email: [info@urbangourmet.co.nz](mailto:info@urbangourmet.co.nz)

[urbangourmet.co.nz](http://urbangourmet.co.nz)

--

## 2018 BREAKFAST MENU

### FRUIT

**Urban Gourmet fruit bowl** - seasonal selection of whole fruit

**Fresh fruit kebab** - skewered seasonal fruit (df,ef,gf,vg)

- Small

- Large

**Fresh fruit platter** - sliced array of seasonal fruit (df,ef,gf,vg)

- Small

- Large

(df) dairy free

(ef) egg free

(gf) gluten free

(v) vegetarian

(vg) vegan

Please note that all prices are exclusive of delivery & GST.

--

phone: 09 366 3086

email: [info@urbangourmet.co.nz](mailto:info@urbangourmet.co.nz)

[urbangourmet.co.nz](http://urbangourmet.co.nz)

--